



International Federation
of Shock Wave Treatment

International
Congress
Rome
2026



**SITOD ADVANCED CERTIFICATION COURSE
& BIORI National Congress**

May 29 - 30 / Complesso Monumentale del Santo Spirito

PROGRAM

Friday, May 29

7:30 to 8:30 h. Registration.

8:30 to 8:45 h. **Welcome remarks.** Alfonso Di Giorno MD (Italy), Maria Chiara Vulpiani MD (Italy) Luigi Gatta MD (Italy)

8:45 to 9:05 h.: **Keynote Lecture: Transformative Perspectives on ESWT: From Evidence to Future Practice.**

Moderators: Daniel Moya MD (Argentina), Alfonso Di Giorno MD (Italy) - *Lecturer:* Sun Wei, MD (China)

Questions (5 minutes)

9:10 to 9:50 h. Biological effects.

Moderators: Cesare Faldini MD (Italy) – Claudio Simplicio MD (Brazil), Gabriele Panegrossi MD (Italy)

9:10 to 9:22 h. **Cell/Molecules Transduction & Communication Therapies in Rehabilitation**

Kenneth Craig DPM (Australia)

9:22 to 9:34 h. **Effect of shock waves on macrophages: A possible role in tissue regeneration and remodeling.**

M. Cristina D'Agostino MD (Italy)

9:34 to 9:46 h. **Diamagnetism in biologic systems.**

Pietro Romeo MD (Italy) - *Questions (4 minutes)*

9:50 to 10:42 h. Symposium: Treatment protocols and devices

Moderators: André Krüel MD (Brazil) - Azael Flores Salinas MD (Mexico)

9:50 to 10:02 h. **Shock Waves and Radial Pressure Waves: Time to Put a Clear Nomenclature into Practice.**

Daniel Moya MD (Argentina)

10:02 to 10:14 h. **New Treatment parameters using ESWT.**

Kenneth Craig DPM (Australia)

10:14 to 10:26 h. **What happened when I changed the device I use? My experience with electrohydraulic and electromagnetic SW devices.**

Dan Zin MD (Israel)

10:26 to 10:38 h. **Diamagnetic shock wave, a different way of mechano transduction.**

Pietro Romeo MD (Italy) - *Questions (4 minutes)*

10:42 to 11:10 h. Coffee break.

11:10 to 11:30 h. **Keynote Lecture: Tending tender tendons: if everything fails, here comes the surgeon!**

Moderators: Lisa Berti MD (Italy) Angelo Cacchio MD (Italy) Calogero Foti MD (Italy)

Lecturer: Nicola Maffulli (Italy) - *Questions (5 minutes)*

11:35 to 12:30 h. **Case discussion.**

Moderators: Daniel Moya M.D. (Argentina) Sun Wei MD (China)

Panel: Jan D. Rompe MD (Germany), Azael Flores Salinas MD (Mexico), Josep Pous MD (Spain),
Francesco Franceschi MD (Italy), Gian Mário Spadoni MD (Italy), Gianluca Vadalà MD (Italy)

12:30 to 14:00 h. Lunch.

PROGRAM

Friday, May 29

14:00 to 15:00 h. Sports medicine.

Moderators: Angelo De Carli MD (Italy), Gustave Dutra MD (Brasil)

14:00 to 14:12 h. Use of shock waves in athletes.

Juan Carlos Holguín MD (Mexico)

14:12 to 14:24 h. Use of ESWT in the competitive/in-season athlete. (video)

Mani Singh MD (USA)

14:24 to 14:36 h First experience with shockwave therapy for muscle injuries.

Sergio Gigliotti MD (Italy)

14:36 to 14:48 h. Shockwave therapy for muscle injuries.

Natalia Mourão MD (Brazil)

14:48 to 15:00 h Impact of Shockwave Therapy on the Treatment of Stress Fractures in Athletes.

Martín Turco MD (Argentina)

15:00 to 15:20 h Keynote Lecture: Shockwave therapy and chronic pain: principles and practice.

Moderators: Fabio Sciarretta MD (Italy) Calogero Foti MD (Italy),

Lecturer: Ricardo Kobayashi MD (Brazil)-*Questions (5 minutes)*

15:25 to 15:55 h. Treatment protocol: Location of the area to be treated.

Moderators: Eric Tortosa MD (Panama) - Fabricio Bergese MD (Argentina)

15:25 to 15:37 h. Ultrasound-Guided External Shock Wave Therapy: Enhancing Precision and Depth Control in Musculoskeletal Treatment.

Dan Zin MD (Israel) - *Questions (3 minutes)*

15:40 to 15:52 h. Proposal for a standardized positioning for rotator cuff treatment with shock waves and radial pressure waves: an anatomical- imaging correlation.

Laura Tutte MD (Uruguay) - *Questions (3 minutes)*

15:55 to 16:30 h. Coffe break.

16:30 to 17:30 h. Less frequent indications.

Moderators: Alfredo Dell' Uomo MD (Italy) - Carlo Impallomeni MD (Italy)

16:30 to 16:42 h. Radial pressure waves in carpal tunnel syndrome: a bridge between evidence and clinical practice.

Tonatiuh Ávila MD (Mexico) - *Questions (3 minutes)*

16:45 to 16:57 h. Secondary Knee Osteonecrosis Treatment Option.

Zmerly Hassam MD (Lebanon) - *Questions (3 minutes)*

17:00 to 17:12 h. ESWT and neck pain. Systematic review.

André Krueel MD (Brazil) - *Questions (3 minutes)*

17:15 to 17:27 h. ESWT and low back pain.

Claudio Simplicio MD (Brazil) - *Questions (3 minutes)*

17:30 to 17:42 h. Preliminary experience with dental lesions. - Daniel Moya MD (Argentina) - *Questions (3 minutes)*

Keynote lecture: Why extracorporeal shock wave therapy can fail to treat heel pain?

17:45 to 18:05 h. *Moderators:* Fabio Catani MD (Italy) - Josep Pous Barral MD (Spain) *Lecturer:* Osvaldo Valle MD (Chile) *Questions (5 minutes)*

18:10 to 19:00 h. Case discusion.

Moderators: Ricardo Kobayashi MD (Brazil) Naik Rajeev MD (India) Gabriele Panegrossi MD (Italy),

PROGRAM

Saturday, May 30

8:30 to 9:00 h. **Miofascial Pain Syndrome**

Moderators: Domenico Tigani MD (Italy) - Filippo La Cava MD (Italy) Massimiliano De Paolis MD (Italy)

8:30 to 8:42 h. **Shockwave therapy and myofascial pain syndrome.**

Ricardo Kobayashi MD (Brasil) - *Questions (3 minutes)*

8:45 to 8:57 h. **Myofascial pain: advantages and limitations of each technology.**

Azael Flores Salinas MD (Mexico) - *Questions (3 minutes)*

9:00 to 9:30 h. **Shockwaves and Spasticity**

Moderators: Lisa Berti MD (Italy)- Francesco Albo MD (Italy), Calogero Foti MD (Italy)
Giuseppe Bonavina, MD (Italy), Salvatore Fiore MD (Italy)

9:00 to 9:12 h. **Shock waves are integrated into the multimodal treatment of spastic hypertonicity.**

Bruno Corrado MD (Italy) - *Questions (3 minutes)*

9:15 to 9:27 h. **Myofascial trigger points: failure of muscle self-regulation and response to radial pressure wave therapy.**

Blanca Piñeyro MD (Mexico) - *Questions (3 minutes)*

9:30 to 10:00 h. **Round table: Protocols and strategies for the management of myofascial pain and spasticity.**

Moderators: Antonio Neto D'Almeida MD (Brazil) - Ismael Alaoui Mrani MD (Morocco)

Panel: Sergio Azzolino DO (USA), Marco Arena MD (Italy), Lisa Berti MD (Italy), Blanca Piñeyro MD (Mexico), Guillermo García Félix Díaz MD (Mexico)

10:00 to 10:15 h. **Keynote lecture: Strategic study of AI-enhanced PRP and shockwave therapy in precision orthopedics.**

Moderators: Francesco Albo MD (Italy)- Gianluca Fedeli MD (Italy), Marco Arena MD (Italy),
Francesco Laraia FT (Italy) *Lecturer:* Sun Wei, MD (China) - *Questions (5 minutes)*

10:20 to 10:50 h. **Coffe break**

10:50 to 11:20 h. **Urology-Andrology**

Moderators: Andrea Militello MD (Italy) – Stefano Astorino MD (Italy)

10:50 to 11:02 h. **Erectile Dysfunction: Integrated Synergistic Protocol**

César Eisner MD (Argentina) - *Questions (3 minutes)*

11:05 to 11:17 h. **Use of focused waves in urogenital syndromes**

Romina Tang Candiotti MD (Peru) - *Questions (3 minutes)*

11:20 to 11:40 h. **Keynote lecture: Achilles tendinopathy and shock wave therapy? Let's get some science into this field.**

Moderators: : Alfonso Di Giorno MD (Italy) Juan Carlos Holguín MD (Mexico)

Presenter: Jan D. Rompe MD (Germany) - *Questions (5 minutes)*

11:45 to 12:30 h. **Chronic tendinopathies of the upper limb**

Moderators: Lívio Perticone MD (Italy) - Franco Russo PT (Italy) Lisa Berti MD (Italy)

11:45 to 11:57 h. **Therapeutic options in cases of lateral epicondylitis**

Stefano Gumina MD (Italy) - *Questions (3 minutes)*

12:00 to 12:12 h. **ESWT in lateral epicondilopathy**

Oyama Arruda MD (Brasil) - *Questions (3 minutes)*

12:15 to 12:27 h. **Shoulder tendinopathies with and without partial tears and calcifications**

Giuseppe Porcelini MD (Italy) - *Questions (3 minutes)*

12:30 to 14:00 h. **Lunch**

PROGRAM

Saturday, May 30

14:00 to 14:15 h. **Keynote lecture: Overload Pathology of the Hip, Knee and Foot**
Moderators: Massimo Candela MD (Italy) - Michele Simone Boccanera MD (Italy), Elizaveta Kon MD (Italy)
Valerio Ponti PO (Italy) - *Lecturer:* Fabio Catani MD (Italy) - *Questions (5 minutes)*

14:20 to 15:15 h. Bone indications

14:20 to 14:32 h. **Shock wave therapy in traumatology: changing paradigms and treatments.**

Fernando Dobkin MD (Argentina) - *Questions (3 minutes)*

14:35 to 14:47 h. **Shock waves in delayed non-union: limits and surgery.**

Josep Pous MD (Spain) - *Questions (3 minutes)*

15:00 to 15:12 h. **Bone marrow edema.**

M. Cristina D'Agostino MD (Italy) - *Questions (3 minutes)*

15:15 to 15:45 h. Coffe break

15:45 to 16:45 h. **Case discussion**

Moderators: André Krüel MD (Brazil) Fidel Gomez Planás MD (Paraguay) - *Panel:* Vincenzo Campagna MD (Italy), Ezequiel Palmanovich MD (Israel), Rocco Papalia MD (Italy), Maurizio Draghetti MD (Italy), Gualtiero Cipparrone MD (Italy)

16:45 to 17:00 h. **Muscle Tensive Cervicalgia, Baastrup, Sacroiliitis**

Moderators: Calogero Foti MD (Italy), Lisa Berti MD (Italy) - *Lecturer:* Alessandro Gasbarrini MD (Italy)
Questions (5 minutes)

17:05 to 17:20 h. **Shock waves: A Personal View**

Moderators: André Krüel MD (Brazil) Antonio D' Almeida MD (Brazil) - *Lecturer:* Giulio Maccauro MD (Italy)
Questions (5 minutes)

17:25 to 17:40 h. **Keynote Lecture: Rationale and objectives of the International Federation of Shockwave Therapy.**

Alfonso Di Giorno MD (Italy) - *Questions (5 minutes)*

17:45 h. Closing Ceremony
